



Gender Sensitization: Time to Change the Mindset

ATMA RAM SANATAN DHARMA COLLEGE

Annual Gender Sensitization Report 2021-2022

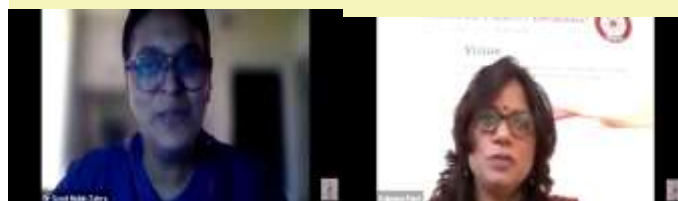
“Achieving gender equality requires the engagement of women and men, girls and boys. It is everyone’s responsibility.” — Ban Ki-moon

Gender sensitization is the process of creating awareness regarding gender equality issues and modifying the behaviour and views that people hold about themselves and other genders. This process helps in examining people's "personal attitudes and beliefs and questioning the 'realities' they thought they know."

The Women Development Cell of Atma Ram Sanatan Dharma College organised a training workshop on 21st September 2021 at 11 a.m. on: **Stand-up Against Street Harassment** by speaker Uzma, Certified Trainer, Hollaback Foundation via zoom. The event was inaugurated by the honourable principal of the college, Professor Gyantosh Kumar Jha. The convenor of the Women Development Cell, Shibani Phukan, gave an overview of the topic of the workshop. Then, Preeti Jain, one of the members of the WDC, introduced the speaker Uzma from Breakthrough Trust. 74 participants attended the event. Following the introduction, Uzma talked about the campaigns by Hollaback Foundation. The talk turned into a lively discussion on topics like 'What includes in Street Harassment?', 'Impacts of Street Harassment', etc. The speaker enlightened the audience on 'Bystander Intervention: A proven methodology'. She also talked about how one can help women who face street harassment and how to empower oneself against the same. She made the session interactive through scenario based questions. Thereafter, the speaker took up questions from the curious audience. The program was concluded by a heartfelt vote of thanks given by Dr. Syed Mubin Zehra.



The Women Development Cell of Atma Ram Sanatan Dharma College organised a talk on 11th November 2021 at 11.30 am on : **Empowerment Through Women's Collective** by speaker Kalpana Pant, Executive director at an NGO Chaitanya via Google meet. Total 68 students attended the programme. The event commenced with the Convenor of WDC, Shibani Phukan giving an overview of the topic. Dr Syed Mubin Zehra, faculty member of the WDC introduced the speaker Kalpana Pant. Pant talked about how financial empowerment, decision making and self identity helps women create a place in the society and how this can be acquired by four steps - articulation of self expression, action for change and then acceptance of women in the society. The talk was followed by a lively and interactive discussion. The programme concluded with a heartfelt vote of thanks given by Dr Nidhi Dureja.



The Women development cell of Atma Ram Sanatan Dharma College organised its **Orientation programme** on 27th January, at 11:30am along with a talk on the topic: **Understanding gender: enabling diversity** by Dr. Meenu Anand, Department of Social Work, University of Delhi. 89 participants attended the programme. The event began with an introduction to the Women Development Cell by both the student moderator and the convener of WDC, Ms. Shibani Phukan. The event was also graced by the presence of the principal of the college, Prof. Gyantosh Kumar Jha. The Orientation started with other faculty members of the WDC introducing themselves as well as welcoming the new members. Following the introductions, our esteemed guest speaker Dr. Meenu Anand began with her talk. During her talk, Dr. Anand used a powerpoint presentation for greater understanding of the topics and also incorporated the audience's interactions in her talk, turning the session into a lively discussion. The discussion included topics such as child sex ratio, child marriage and more. The speaker beautifully explained Gender in terms of social and cultural concerns. It highlighted how talking about gender equality is important for every gender present. The speaker also elaborated on how gender equality can be instilled more in our day-to-day lifestyle. The speaker was happy to see most of the students being already gender sensitive and knowledgeable. After the presentation, the session moved into an interactive question and answer session wherein the audience's questions were answered clearly by the guest speaker. Both students and faculty members were overjoyed by the response and the participation.



The Women development cell of Atma Ram Sanatan Dharma College organized a talk on 9th February 2022 at 11:30 am on the topic: **Women in Indian History: Emerging Perspectives** by Prof. Jaya Tyagi, Department of History, University of Delhi via Zoom. Total 110 participants attended the programme. The event began with an introduction to the Women Development Cell by the student moderator and the member of WDC, Dr. Syed Mubin Zehra. The event was also graced by the presence of the principal of the college, Prof. Gyantosh Kumar Jha. The program started with other faculty members of the WDC introducing themselves as well as welcoming the new members. Following the introductions, Dr. Nidhi Dureja introduced our esteemed guest speaker Dr. Jaya Tyagi and then she began with her talk. During her talk, Dr. Tyagi also presented a PowerPoint presentation for a greater understanding of the topics followed by the audience's interactions in her talk, turning the session into a lively discussion. The discussion included topics such as Women, Power and Gender, and more. The speaker beautifully explained that whenever one talks about women they should talk about the intentionality, the politics behind that representation. It highlighted how talking about gender equality is important for every gender present and the need to see women as agents. The speaker also elaborated on gendered histories and how women's contributions are implicit. The speaker was happy to see most of the students participating, asking questions. After the presentation, the session moved into an interactive question and answer session wherein the audience's questions were answered clearly by the guest speaker. Both students and faculty members were overjoyed by the response and the participation.

On the occasion of International Women's Day, the The Women Development Cell of Atma Ram Sanatan Dharma College organized a celebration on 8th March 2022 at 11:00 am on the topic "**Break the Bias.**" The invitees included Lily Pandeya, Joint Secretary, Ministry of Culture, Barnali Das, Head, Corp Com, Uber India, Wg Cdr Vidhu Singh, Veteran, Indian Air Force, and **Shalini Vatsa**, Actor - speakers who embodied the theme of the day. The event was conducted online via Zoom. Total 110 participants attend the event. The event began with an address by the convenor of WDC, Shibani Phukan on the significance of the day . This was followed by a spirited talk by the Principal of the college, Prof. Gyantosh Kumar Jha. The program started with the unveiling of the WDC logo. Dr. Syed Mubin Zehra introduced our first guest speaker Lily Pandeya who spoke about gender barriers and challenges in her path. The next speaker Barnali Das was introduced by Dr. Nidhi Dureja who highlighted the role

corporates could make in making a change and enabling women to shatter glass ceilings. The third speaker Wing Cdr Vidhu Singh was introduced by Dr. Preeti Jain and in a talk laced with candour and humour, Singh spoke about the difficulties faced and surmounted in conquering what is usually seen as a male bastion. The last speaker Shalini Vatsa, a well-known actor, was introduced by Shibani Phukan. Vatsa, known to essay powerful characters spoke about her own values and convictions guide her choices and the everyday biases that women encounter in the profession. The vote of thanks was given by Dr. Nidhi Dureja. The session concluded with the announcement of the prize-winners of a poster competition held to commemorate IWD.



The cell commits to provide and maintain a dignified, congenial working environment for women employees (including teaching, non-teaching and contractual workers) and students, where they can work, study and explore their potential to the fullest.